**Matches: full match list will be sent out requesting availability. This will be noted and teams selected from it. Girls will be rotated wherever possible, based on positions. Girls should expect to come on and off the court during the breaks and play different positions as requested. It’s a team – we balance ability and experience across the positions**

**Responsibility** - all players should know when they are playing, they could remind their parents too, so there are no last minute panics. Generally, timings are as follows:

* U16s: 8.45 arrival and warm up for a 9.15 match
* U14s: Either 9.50 am arrival and warm up for a 10.20 match

Or 8.45 am arrival and warm up for a 9.15 match (check each week)

* U12s: Fireflies: 11 am arrival and warm up for a 11.25 match

Bluebirds: noon arrival for a 12.30 match

**OJNL website – match cancellations are posted on the Oxfordshire website and results too. Keep an eye on whether your match is on and how you’re doing.**

* **Late match cancellations are noted here:** <http://www.oxfordshirenetball.co.uk/>
* **Match results and future games are posted here:** <http://www.oxfordshirenetball.co.uk/?page_id=328>

**Be netball ready** - nails cut, laces tied, hair tied back etc. We do not expect to see nails being trimmed on the courtside; we need to be warming up.

**Match fees** - £2 to be paid to your coach/parent helper before the game commences

**Warm clothes in winter** – MUST wear base layers in cold weather – white skin on top and black leggings on legs.  If you have to come off court injured or substituted you need to keep warm and so an extra layer is required.

**Rehydration** - Bring lots of water

**Manners** - Say hello to your opponents and treat them with respect along with the umpires.  Ensure you shake your opponents hand at the end of the game (and a good firm handshake is required!!) Captains thank the umpires.  Captains to do the 3 cheers and all players to respond in a loud voice!

**England Netball Code of Conduct** – when all players and parents register with Abbey you sign a form that states you will abide by the England Netball Code of Conduct. A copy can be found here: <http://www.englandnetball.co.uk/About_England_Netball/Netball_Code_of_Conduct>

There’s a section for parents and players. Please ensure you read it. Abbey insists that every player and parent member of the club abides by this code and we enforce a ‘no tolerance’ policy.

**Players cancelling last minute –** please give as much notice as possible. Availability will be requested upfront with all matches for each half of the season. Please give realistic availability and stick with this unless absolutely necessary, eg illness. It’s really difficult to make team changes with notice at the last minute.